

# Downtown at the Mount Bakery Cafe

## Breakfast

### Eggs

Organic eggs available, \$.50/each.  
Eggs can only be poached or scrambled.

### Benedicts

Any of our Eggs Benedict can be GF – just be sure to order them waffle-less.

#### Bellingham's Best GF Benedict!

Two poached eggs, ham, Swiss Emmental cheese with Hollandaise sauce. Served with roasted potatoes.....10.95

#### GF Portobello Benny

Benny with garlic and balsamic roasted Portobello mushroom.....10.95

#### GF Tomato Benny

Sliced tomato, fresh basil and spinach .....10.95

#### GF Local Wild Smoked Salmon Benny

With fresh spinach and all the fixin's .....14.95

#### GF Dungeness Crab Benny (when available)

With fresh asparagus.....14.95

### Frittatas

Our frittatas are baked using 4 eggs. Add \$2.50 for all organic eggs. Only egg whites for \$3.00.

#### Veggie Frittata

Eggs, cream, seasonal roasted vegetables, fresh herbs and your choice of Swiss Emmental or Dutch Gouda cheese (15 min. bake time) .....8.95

Wild Smoked Salmon Frittata  
Eggs, cream, wild smoked salmon, cream cheese. Topped with avocado. (15 min. bake time) .....10.95

### Granola

Olivier's Granola (Oats do not naturally contain gluten but are sometimes processed alongside wheat. These oats are not specially processed GF oats.) Served with soy, whole or nonfat milk.....3.95  
Fresh fruit on the side.....2.50  
Organic Yogurt on the side.....2.50

### Extras

Side of Fruit.....2.50  
Side of Potatoes with fresh herbs..2.75  
    With Gouda or Swiss Emmental .....add .75  
    With goat cheese.....add 1.00  
Side of Local Organic Eggs.....2.50  
    Poached or scrambled  
Side of Conventional Eggs.....1.50  
    Poached or scrambled  
Hollandaise Sauce.....2.00  
Pork Sausage Links.....2.50  
Side of Hemplers Thick Cut Nitrate-Free Bacon.....2.95  
(Please note: our Veggie Patties are NOT Gluten Free)

### Crepe-less Crepes

The crepes themselves are made with flour but some of our customers order "crepe-less crepes." That means you can enjoy everything inside the crepe, without the floury nonsense of the crepe itself. See the regular menu for the full list of crepes.

## Lunch

### Salads

House Salad  
Organic field greens from local farms when available, with cucumber, carrot, red onion, organic sunflower sprouts (when available) & GF house dressing. Our Caesar is also GF - just tell your server that you'd like the Caesar without croutons.  
Side.....3.95  
Medium.....5.50  
Large.....7.50

### Soup

Our soup selection changes daily and most of our soups are gluten free. Please ask your server about today's special soups.  
Cup.....3.95  
Bowl.....4.95

## Dinner

### (Wed-Sat. after 3:30)

We offer the full daytime menu, as well as the GF appetizers below and specials. Please ask your server if tonight's specials are gluten free.

### Starters

Steamed mussels (when available)  
Stuffed Mushrooms.....3.95

At Mount Bakery Fairhaven &  
Downtown at Mount Bakery Cafe

### Bakery/Glass Case Items

Truffle cake (using GF flour).....5.50  
GF Chocolate chocolate pecan cookies,  
(using GF flour).....1.50  
Macaroons.....2.00  
Truffles.....1.50  
Crème brûlée.....4.95  
Flourless chocolate cupcakes.....3.00  
Roulade (a rolled, buttercream filled  
flourless cake).....4.25  
Yule Log (special roulade served around  
Christmas time) including the decorative  
meringue mushrooms!.....4.25

Mount Bakery Fairhaven also offers  
granola and a homemade soup – please ask  
your server if today’s soup is gluten-free.

#### Hours:

Mount Bakery Café, downtown  
Sun – Tue 8:00 am – 3:30 pm  
Wed – Sat 8:00 am – 9:00 pm

Mount Bakery Fairhaven  
Daily 7 am – 5 pm

## GLUTEN FREE

Mount Bakery



A note to those in search of GF  
gastronomy: The menu items listed  
are made without wheat flour, but  
*please* be aware that our kitchens are  
not gluten-free environments.

**Mount Bakery Café, downtown**  
**308c W Champion Street**  
**Bellingham, WA 98225**  
**360.715.2195**

**Mount Bakery Fairhaven**  
**1217 Harris Avenue**  
**Bellingham, WA 98225**  
**360.778.1261**