

MENU

Breakfast

Served all day.

Organic eggs available for \$.50/each
eggs can only be poached or scrambled.

*Breakfast Sandwich

Toasted whole wheat bread, 2 eggs, mayo, Swiss
Emmental, lettuce and red onion, and choice of
veggie patty, turkey, ham, sausage or

bacon8.95

Add soup, side salad or potatoesadd 1.00

*Bellingham's Best Benedict

Eggs Benedict like you've never had them
before!!! Two poached eggs, ham and Swiss
Emmental cheese on top of a half Belgian waffle
with Hollandaise sauce. Served with roasted

potatoes10.95

*Veggie Benny

B-ham's Best with garlic, fresh thyme and
balsamic vinegar. Roasted Portobello

mushroom instead of ham10.95

*Classic Breakfast

Two scrambled eggs, potatoes and whole wheat
toast

6.95

Add your choice of Hempler's thick cut bacon,
veggie patties or pork sausage2.95

Olivier's Granola

Rolled oats, coconut, cranberries, raisins, sliced
almonds and honey. Served with your choice of
soy, whole or nonfat milk

3.95

Fresh fruit on the side2.50

Nancys Organic Yogurt on the side2.50

Frittatas

Baked using 4 eggs, frittatas are great to share
or have alone. Add \$2.50 for all organic eggs.

Made using only egg whites for \$3.00. Add
toast for \$1.00.

***Veggie Frittata**

Eggs, cream, seasonal roasted vegetables, fresh herbs and your choice of Swiss Emmental or Dutch Gouda cheese (15 min. bake time)8.95

***Wild Smoked Salmon Frittata**

Eggs, cream, herbs and wild smoked salmon cream cheese. Topped with avocado (15 min. bake time)10.95

Extras

Side of Potatoes
with fresh herbs2.75
topped with Gouda or Swiss Emmental ...add .75
or goat cheeseadd 1.00
*Side of Local Organic Eggs (2)
poached or scrambled2.50
*Side of Conventional Eggs (2)
poached or scrambled1.50
Side of Bacon
Four strips of Hempler's thick cut nitrate free
bacon2.95
Veggie Sausage Patties (2) or
Pork sausage links (2)2.50
Side of whole wheat toast or bread
Baked fresh daily1.00
Hollandaise Sauce2.00

Crêpes

All savory crêpes come with choice of soup, organic mixed green salad or roasted potatoes.

Savory Crêpes

***Breakfast Crêpe**

Two eggs, herbs, Swiss Emmental cheese, and your choice of Hemplers ham or turkey, veggie patty, bacon, or Sausage8.95

Veggie Crêpe

Mixed roasted veggies with Dutch Gouda cheese8.95

Turkey and Gouda Crêpe

Sliced Hempler's turkey with Dutch Gouda and

fresh avocado	8.95
Ham and Swiss Crêpe	
Thinly sliced Hempler's ham with Swiss cheese	8.95
Apple, Pear and Brie Crêpe	
Slices of fresh apple and pear with softened brie cheese	8.95
*Sausage Crêpe	
Pork or Veggie sausage, Swiss cheese and two scrambled eggs with our carmelized onion marmalade made with cream and fresh herbs	8.95
Sweet Crêpes	
Fresh Fruit Crêpe	
Mixed fresh fruit in a crepe topped with Belgian chocolate, powdered sugar and whipped cream	7.95
Lemon Curd	
w/ whipped Cream and powdered sugar	5.95
Belgian Chocolate	
w/ whipped Cream and powdered sugar	5.95
Vanilla Bean Pastry Cream	
Drizzled with Belgian Chocolate and topped w/ whipped cream	6.95
add bananas	2.50
add mixed mixed fresh fruit	2.50
Crêpes aux Sucre	
Two crepes with brown sugar, butter and orange zest and whip cream	5.95
Crêpes a la Confiture	
Two crepes with butter, powdered sugar, jelly and whip cream	4.95

Waffles

Belgian Waffle

Topped w/ fresh fruit, Belgian Chocolate and
whipped cream7.95

“American” Waffle
A delicious waffle served with butter and
syrup5.95
w/ Grade A real maple syrup1.00

Waffle and Compote
Topped with our own special compote made
from tangy dried and fresh fruits, red wine and
spices. Topped w/ a bit of whipped cream ...7.95

Lunch

Served on freshly baked whole wheat bread
(or try a croissant –add \$1.00 if available)
Add a cup of soup or side salad to any
whole sandwich for \$2.50

Cold Sandwiches

Turkey and Gouda
Tangy cranberry relish, fresh organic greens,
gouda, red onion, mayo and sliced Hempler’s
turkey7.95

Ham and Swiss
Hempler’s ham, organic greens, red onions, mayo,
swiss, and whole grain mustard7.95
Hot Sandwiches

Hot Turkey and Gouda
Hempler’s Turkey with mayo, sliced red onion,
our homemade cranberry relish, and Dutch
Gouda7.95

Hot Ham and Swiss
Hempler’s ham and Swiss Emmental cheese
with red onions, mayo and whole grain
mustard7.95

The Hot Veggie
Roasted yellow squash and zucchini, roasted red
pepper, portabella mushrooms, carrots, sliced red
onions, and Gouda cheese with sun dried tomato

pesto and mayonnaise7.95

BLT and BLAT

Hempler's thick cut, nitrate-free bacon, mayo,
organic mixed greens and fresh tomato7.95

BLAT (add avocado)1.00

1/2 Sandwich w/ Soup or Salad

Half sandwich of your choice w/ cup of soup or
side salad.7.95

Quiche of the Day

Slice of Quiche5.95

Add side soup, salad or potatoes2.50

Salads

House Salad

Made fresh with organic field greens from local
farms when available. Topped with cucumber,
carrot, red onion, organic sunflower sprouts
(when available) and our house dressing. Served
with bread.

Side3.95

Medium5.50

Large7.50

Soup of the Day

Soup served w/ whole wheat bread

Cup3.95

Bowl4.95

Soup & Salad served w/ whole wheat bread6.95